

The Institute of Emotion-Focused Therapy Ireland
presents
Emotion-Focused Therapy - Level 3

3-day intensive group supervision workshop

9.30-5pm, 6th - 8th December 2018

Facilitated by

Dr. Ladislav Timulak

Centre For Professional Therapy, Baggot St., Dublin

Fee: €450 (€400 early bird bookings made before 28/09/2018)

The Institute of Emotion-Focused Therapy Ireland hosts an intensive three-day level 3 training workshop in Emotion-Focused Therapy. The training is open to participants who have already completed Level 1 and Level 2 trainings and wish to advance their practice of EFT through participation in an intensive supervision workshop. It is especially suited for advanced EFT practitioners seeking to enhance their clinical application of EFT.

Workshop Overview

This is a three day workshop involving supervision and discussion of cases which participants bring for consultation. Each participant will be expected to present one or more video or audio recorded sessions for supervision. In addition, issues of application and advanced skills will be discussed and opportunities for experiential practice provided.

This workshop fulfils part of the requirements for certification as an EFT therapist. Details of training standards and certification requirements are available on the ISEFT website: <https://iseft.wildapricot.org/page-18205>

Facilitator

Ladislav Timulak, Ph.D., is an Associate Professor at Trinity College Dublin, where he is also Course Director of the Doctorate in Counselling Psychology. He trained in emotion-focused therapy with the developers of EFT; Professors Leslie Greenberg and Robert Elliott. His main research interest is in the area of psychotherapy research, in particular emotion-focused therapy; and he is Principal Investigator on a Randomised Controlled Trial comparing EFT with CBT in the treatment of Generalised Anxiety Disorder. He is the author of a number of books, including two books on Emotion-Focused Therapy; *'Transforming Emotional Pain in Psychotherapy: An Emotion-Focused Approach'* (Routledge, 2015), and *'Transforming Generalised Anxiety: An Emotion-Focused Approach'* (Routledge, 2017).

The workshop is a small group training experience and enrolment is strictly limited.

This workshop is open to qualified counselling/clinical psychologists and accredited psychotherapists/counsellors who have completed Level 1 and Level 2 trainings in EFT (for individuals)

For all enquiries and bookings, please contact: ieftireland@gmail.com

The Institute of Emotion Focused Therapy, Ireland is an accredited isEFT institute.
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