



INTERNATIONAL
SOCIETY *for*
EMOTION
FOCUSED
THERAPY

Deadline for submissions: 1 February 2019

The theme of the 2019 meeting is *Emotion-Focused therapy: the Growth Edge*. In this vein, the Program Committee invites submissions that describe and explore innovations and new developments as well as clinical applications that help advance or elaborate Emotion focused therapy practice and theory.

We welcome the full range of contributions to the field of Emotion-focused therapy, including reports of innovative research and empirical studies, developments in new methods, and applications with diverse populations. We aim to foster dialogue, discussion, and new learning.

SUBMISSION FORMATS AND PROCEDURES

There are five submission categories (each described in detail below): Panels, Individual Papers, Posters, Open Discussions, and Workshops.

Conference Language. The official conference language will be English and all submissions should be written in English.

PANELS

Panels should include three to four presentations focused on a common theme or various facets of a large-scale research project. They will be 90 minutes with a minimum of 15 minutes for open discussion. Each panel should have a moderator (normally the organizer of the panel or another relevant person), and those with fewer than four papers are strongly encouraged to have a prepared discussant.



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INDIVIDUAL PAPERS

Individual papers are ideally suited for presentations of completed studies or projects that have not been submitted as part of an organized thematic panel. They will be a maximum of 20 minutes, and the Program Committee will organize papers of similar topics to be presented during the same time slot.

OPEN DISCUSSIONS

Open discussions provide an opportunity to assemble a group of researchers or clinicians to stimulate dialogue on a topic of interest. Open discussions are 90 minutes. We encourage submissions for the following two types:

Regular Format: In this format, those presenting (up to 5) will briefly address issues or positions to stimulate interactive discussion rather than present formal talks. The discussion may focus on empirical, theoretical, methodological, and/or practice-related topics.

Consultation Format: In this innovative format, students or other researchers present *proposed* research informally for consultation from the audience. The planning committee will seek to have each session moderated by two EFT colleagues, one primarily a clinician and one primarily a researcher, providing a unique opportunity for practice and research to inform each other at the design stage.

POSTERS

Posters are appropriate to describe new methods or works-in-progress. Posters offer a unique opportunity for viewers to see detailed graphical output, as well as to have in-depth individual discussions with the presenter. There will be a poster session once per day for people to share their work and meet with participants.



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WORKSHOPS

Workshops are suitable for more didactic material. This might include a clinical presentation of a method that is followed by discussion.

Note: Only a limited number of workshops can be accepted.