

Training program throughout the year

A 11-Days's Theory & skill training Workshops (a total of 5 Modules) (9:30am – 5:00pm)

Module One 29-9-18 (Sat), 30-9-18 (Sun), 1-10-18 (Mon)

Theme : Theory of EFT & Emotion, Empathic attunement & therapeutic presence, Systematic Evocative Unfolding

Module Two 15-12-18 (Sat.) & 16-12-18 (Sun)

Theme : Focusing & Two chair work on Self-split

Module Three 16-3-19 (Sat.) & 17-3-19 (Sun)

Theme : Empty chair work on Unfinished Business & Chair Work on Self-interruption

Module Four 22-6-19 (Sat.) & 23-6-19 (Sun)

Theme : Skills on working with client's distressed and vulnerable emotions : Self-soothing & Self-affirmation

Module Five 28-9-19 (Sat.) & 29-9-19 (Sun)

Theme : Case Formulation in EFT, Applying EFT in working with Depression & Anxiety Disorder

B Eight 4-hour group clinical supervision throughout the year (2 clinical supervisions will be conducted after Module 1 to Module 4)

C Eight 3-hour peer group practice throughout the year (2 peer group practices will be conducted after Module 1 to Module 4)

D Either a 4-hour or a full-day's training workshop conducted by Dr. Rhonda N. Goldman when she comes to teach in Hong Kong.

